

**LEARN AT
HOME VIA:**



**COVID19
INFO**

**STAYING
SAFE & WELL**

**HEALTHY
EATING**

EXERCISE

**LEARNING
WITH
CHILDREN**

STAYING WELL & HEALTHY

**8 WEEK COURSE:
INFORMATION &
IDEAS FOR STAYING
AT HOME**



**EVERY TUES &
THURS
12PM TO 2PM**

**STARTING ON
TUES 21ST
APRIL**

**COMMUNITY SKILL
CENTRE**

Book a free place:



07869031720



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WITH SUPPORT FROM COMMUNITY LEARNING WORKS